

Carrot

Carrot is a root vegetable belonging to the same family as coriander. Its colour varies from orange, red, yellow, to white and purple. Both their roots and greens are consumable. However, the roots are more versatile, being eaten raw, juiced, cooked, put in desserts, and also cut and added in instant food, eaten fresh in salads, stir-fried, cooked in soups, used in place of green papaya in spicy salad, mixed in health drinks, and used to decorate dishes. Besides, they can be processed into dried and powdered carrot as an ingredient in health food and baked goods.



Carrot

Item Code	Product	Feature/Size	Content
1155-0101	Carrot	Whole	10 kg/box
5155-0110	Carrot	Whole/Graded	1, 10 kg/bag
5155-0120	Carrot	Whole/Peeled	1, 10 kg/bag
5155-0520	Carrot	Peeled/Prepared	250 g/bag
5255-1211	Dried Carrots	Powder	10 kg/bag
5255-1132	Dried Carrots	Dice/10*10*3 mm	10 kg/bag
5255-1112	Dried Carrots	Dice/5*5*5 mm	10 kg/bag
5255-1122	Dried Carrots	Dice/8*8*3 mm	10 kg/bag



Carrot



Peeled Carrot



Carrot/Prepared



Carrot powder



Dried Carrot

Galangal

Another interesting spice, apart from its medicinal properties and health benefits, galangal is featured in several dishes. It is commonly utilized in restaurants and convenience food industry to make food tastier and more fragrant. Galangal can add aroma to the dishes, and at the same time mask odour of meat. It is also used in a wide range of curry pastes, for example, red curry chicken, coconut chicken soup, red curry fried rice, palo, tom yum, fish congee, etc.



Galangal

Item Code	Product	Feature/Size	Content
1148-2100	Young Galangal	Whole	10 kg/bag
1148-1101	Galangal	Whole	10 kg/bag
6348-1110	Fresh Grated Galangal	Grated	10 kg/bag
5272-2100	Dried Galangal	Slices	1 kg/bag
6692-6008	Dried Galangal	Powder	1 kg/bag



Young Galangal



Galangal



Fresh Grated Galangal



Dried Galangal



Galangal powder